



PRESENTED BY JOHNSON UNIVERSITY & KNOXVILLE LEADERSHIP FOUNDATION

SUPPORT LISTENING HEARTS

INFORMATION AT (865) 679-1351 OR WWW.LISTENINGHEARTSMOMS.ORG

All Benefiting Organizations

- | | |
|---|-------------------------------|
| Bridge Refugee Services | H.O.M.E. |
| Camp Wesley Woods | Hope Resource Center |
| CASA TN Heartland | Johnson University Cheer Team |
| Children of Hope | Junior League of Knoxville |
| Children's Museum of Oak Ridge | Keystone Adult Day Program |
| Clinch River Home Health | KICKO |
| Conservation Fisheries | KLF's Amachi Knoxville |
| Contact Care Line | KLF's Operation Backyard |
| disABILITY Resource Center | Knox Housing Partnership |
| Epilepsy Foundation of E. Tenn. | Knoxville Center of the Deaf |
| FOCUS Group Ministries | Listening Hearts |
| Friends of Literacy | Nehemiah Projects |
| Friends of the Smokies | |
| Girls on the Run | |
| Great Smoky Mountain Institute at Tremont | |

GENERAL INFORMATION

DATE: APRIL 18, 2015
TIME: 8:00 AM REG, 9:30 AM START
LOCATION: JOHNSON UNIVERSITY
WWW.HEELSANDWHEELS.ORG
EMAIL: QUESTIONS@KLF.ORG

The Wells Fargo Heels & Wheels Duathlon consists of a 5K Run/18K Bike/3K Run, or you can choose to participate in the Fun Walk or 5K Run. A Family Fun Zone with inflatables is available for families. Lunch provided for participants (\$6 for others). Join us and help support 27 area nonprofit organizations!



HEELSANDWHEELS.ORG FOR MORE INFO AND TO REGISTER