

CIIDDOR KNOXVILLE LEADERSHIP FOUNDATION

JUNIOR LEAGUE KNOXVILLE

MORE INFORMATION AT (865) 584-4124 OR WWW.JLKNOXVILLE.ORG

All Benefiting Organizations

Bridge Refugee Services Camp Wesley Woods CASA TN Heartland Children of Hope Children's Museum of Oak Ridge Clinch River Home Health Conservation Fisheries Contact Care Line disABILITY Resource Center Epilepsy Foundation of E. Tenn. **FOCUS Group Ministries** Friends of Literacy Friends of the Smokies Girls on the Run Great Smoky Mountain Institute at Tremont

H.O.M.E.
Hope Resource Center
Johnson University Cheer Team
Junior League of Knoxville
Keystone Adult Day Program
KICKO
KLF's Amachi Knoxville
KLF's Operation Backyard
Knox Housing Partnership
Knoxville Center of the Deaf
Listening Hearts

Nehemiah Projects

GENERAL INFORMATION
DATE: APRIL 18, 2015
TIME: 8:00 AM REG, 9:30 AM START
LOCATION: JOHNSON UNIVERSITY
WWW.HEELSANDWHEELS.ORG
EMAIL: QUESTIONS@KLF.ORG

The Wells Fargo Heels & Wheels Duathlon consists of a 5K Run/18K Bike/3K Run, or you can choose to participate in the Fun Walk or 5K Run. A Family Fun Zone with inflatables is available for families. Lunch provided for participants (\$6 for others). Join us and help support 27 area nonprofit organizations!

