



**PRESENTED BY JOHNSON UNIVERSITY &
KNOXVILLE LEADERSHIP FOUNDATION**

SUPPORT KEYSTONE ADULT DAY PROGRAM

**MORE INFORMATION AT (865) 483-6631 OR
PSPANGLER@FUMCOR.ORG**

All Benefiting Organizations

Bridge Refugee Services	H.O.M.E.
Camp Wesley Woods	Hope Resource Center
CASA TN Heartland	Johnson University Cheer Team
Children of Hope	Junior League of Knoxville
Children's Museum of Oak Ridge	Keystone Adult Day Program
Clinch River Home Health	KICKO
Conservation Fisheries	KLF's Amachi Knoxville
Contact Care Line	KLF's Operation Backyard
disABILITY Resource Center	Knox Housing Partnership
Epilepsy Foundation of E. Tenn.	Knoxville Center of the Deaf
FOCUS Group Ministries	Listening Hearts
Friends of Literacy	Nehemiah Projects
Friends of the Smokies	
Girls on the Run	
Great Smoky Mountain Institute at Tremont	

GENERAL INFORMATION

DATE: APRIL 18, 2015

TIME: 8:00 AM REG, 9:30 AM START

LOCATION: JOHNSON UNIVERSITY

WWW.HEELSANDWHEELS.ORG

EMAIL: QUESTIONS@KLF.ORG

The Wells Fargo Heels & Wheels Duathlon consists of a 5K Run/18K Bike/3K Run, or you can choose to participate in the Fun Walk or 5K Run. A Family Fun Zone with inflatables is available for families. Lunch provided for participants (\$6 for others). Join us and help support 27 area nonprofit organizations!



HEELSANDWHEELS.ORG FOR MORE INFO AND TO REGISTER