

SU **KLFS AMACHI KNOXVILLE** INFO AT (865) 524-2774 dmccartney@klf.org • www.klf.org

All Benefiting Organizations

Bridge Refugee Services Camp Wesley Woods CASA TN Heartland Children of Hope Children's Museum of Oak Ridge Clinch River Home Health **Conservation Fisheries** Contact Care Line disABILITY Resource Center Epilepsy Foundation of E. Tenn. **FOCUS Group Ministries** Friends of Literacy Friends of the Smokies Girls on the Run Great Smoky Mountain Institute at Tremont

H.O.M.E.

Hope Resource Center Johnson University Cheer Team Junior League of Knoxville Keystone Adult Day Program KICKO

KLF's Amachi Knoxville KLF's Operation Backyard Knox Housing Partnership Knoxville Center of the Deaf Listening Hearts Nehemiah Projects

GENERAL INFORMATION DATE: APRIL 18, 2015 TIME: 8:00 AM REG, 9:30 AM START LOCATION: JOHNSON UNIVERSITY WWW.HEELSANDWHEELS.ORG EMAIL: QUESTIONS@KLF.ORG

The Wells Fargo Heels & Wheels Duathlon consists of a 5K Run/18K Bike/3K Run, or you can choose to participate in the Fun Walk or 5K Run. A Family Fun Zone with inflatables is available for families. Lunch provided for participants (\$6 for others). Join us and help support 27 area nonprofit organizations!



HEELSANDWHEELS.ORG FOR MORE INFO AND TO REGISTER